Hometown News from Warren, Liberty Center & Van Buren

Friday, August 16, 2024

Volume 39 Number 26



Jarren Weekly Your <u>Hometown Newspaper</u>

Get the Warren Weekly **Delivered Straight** To Your Email Or Kindle

for less than 50¢ a week!

Click on the "Subscribe" tab at top of page and select your type of subscription.

PO Box 695, Warren IN 46792 • 260/375-6290 • Fax 260/247-2426 • email: editor@warrenweeklyindiana.com

Thought for the Week: When in doubt, tell the truth. Mark Twain

HIRING UTILITY MANAGER

An application period for the position of Utility Manager, Warren, Indiana, is now open through September 9, 2024, due to a planned retirement. Departments include water, sewer, electric, streets, and parks. Duties include employee management, project planning, maintenance of positive relationships with the public, with consultants other with Town Employees and Officers of the representation workshops and schedule in regular day to day day to day on site work on 200' projects. Must hold water or on experience. Benefit on package available. be found at warrenindiana.us most St, or requested by email at have townofwarrenin@gmail.com mailing. resume.

UPCOMING EVENT

Run with us this fall!

WHAT: Warren Riverside Run 5k run/walk

WHO: Anyone wanting to run/walk 3.1 miles from Riverside Park, along the riverside, and back.

WHEN: SATURDAY, SEPTEMBER 21, 2024 8:30

A.M. (Registration begins at 7:15 a.m.)

WHERE: Riverside Park in Warren, IN.

https://runsignup.com/Race/I N/Warren/RiversideRun5K to register. Registration begins August 10th and the optional t-shirt addition is only available until September 9th, Coast) Paddlefish applied for a so join us TODAY!

SOLAR IN HUNTINGTON Co.

Solar first started in 2019, state mandating the Counties meetings, figure it out.

Huntington passed an and long term operations of ordinance, wrote and paid for those departments, regular by the solar companies. Only setback from FOUNDATION, not property sewer license (WT3, DSM) line. This has been the main have at least ten years issue for many. Home values experience in utilities with plummet when surrounded managerial experience and or and near solar. Loss of wildlife electric utility operation a plus. movement and habitat. Loss Base pay \$29.00 per hour. of food producing land. Poor Additional pay package based use of resources to put solar farmland. For Decommissioning is expensive information, contact Utility and there is no real way to Manager Lee Poulson at 260- recycle a used solar panel. 375-2656 or Clerk Treasurer These companies operate in Marilyn Morrison at 260-375- the shadows and know how to 2656. Application forms can play the game better than county governments. or at Town Hall, 132 N Wayne Many politicians in Indiana major solar donors. Many politicians end up or by calling 260-375-2656 for working for the solar industry Please include after they help push solar into their community.

There are three confirmed projects in Huntington County. #1. Maple Solar LLC - Roughly 300 acres on the outskirts of Warren on both sides of Shafer Road extending to Highway 3. Has a permit, needs approval from drainage board. Engulfs several homes and many surrounded on all 4 sides.

#2. Paddlefish (owned by EDF = Electricite De France = Government) French Salamonie Township - Roughly Visit 3 miles long by 3 miles wide. Mostly in Wells County along Highway 218 with 500 acres in Huntington County owned by absentee landlord. (Claudia Mounsey lives on the East permit on August 6th, 2024. They snuck in through the backdoor and went around the current solar moratorium while the County was working on a new ordinance to better serve all of the residents.

> #3. Bowfin stage 1 (Also owned by EDF) - Roughly 3000 acres in Union township, Huntington County. Forced to halt during moratorium. Stage 2-4 work their way to and around Roanoke and total 15,000 acres of farmland leases to solar.

#4 Landowners are forced to stay quiet under gag order. We do not know how many other projects and acres are leased to solar, but we know for a Until the project gets far contact number). we do not know where they be tracked.

So of the 197,000 or so **COMMUNITY** tillable acres in H County, roughly 10%+ confirmed in

Warren also has 7000+ acres of Wind Turbines signed up. The project goal is 10,000 acres. The project has land SE of Warren near the bend in Highway 218 South of Hy-Line, that then runs up around Warren towards Belleville, Majenica, and up to the reservoir. The company is AES and the rep is Reid Sealby from Colorado. He has pestered many Warren area

residents. One elderly house from Reid.

Please do your research and briefly stay informed. There are two local pages on Facebook - one for Huntington County and one for Wells County.

FESTIVAL T-SHIRTS

2024 SSF T-Shirts are now available at clearance rates of only \$5.

Past SSF T-Shirts are also available at the Warren Pharmacv.

Multiple smaller sizes of the 2020, 2021, 2022 & 2023 are also available for only \$5.

T-Shirts are available until Sold Out.

SWEEPSTAKES

Terry and Melinda Daniels, of the Warren Pharmacy, have grandchildren visiting with them. This week, Jessa, our 8 year old granddaughter is having a Tootsie Sweepstakes at the Warren Pharmacy. Sign up to win 8 fact there are projects West of Tootsie Rolls at the Warren Warren, near Andrews, Bippus, Pharmacy. Entry forms are on etc. they are EVERYWHERE. a table (just Name and enough along in the process, will be called and no one will

LEADERSHIP

Huntington Purdue Extension Office is Sessions excited to offer the 2024-2025 Huntington Leadership Community Program. The Extension Office, along with an advisory group, has been working on the implementation of a new program will that develop the community leadership skills of non-profit business, county leaders.

For those who may have gentleman had to hide in his missed the initial application period from May-July, we are extending the application deadline. Applications are now being accepted until August 28 (payment for approved participants will also be due on August 28).

> Apply online https://extension.purdue.edu/ county/huntington

Purdue Extension's Community Leadership Program is a leadership development course for adults who want to make difference their in communities. Through this series of interactive modules, participants develop their own leadership capacity and learn about the people, organizations and institutions make up communities and how they can engage in serving their communities more deeply.

The Leadership Program is comprised of nine sessions that meet monthly from September 2024 through May of 2025 at locations in Huntington County. Cost is \$400 per person – a limited number of scholarships will be available through Community Foundation **Huntington County.**

Community Leadership County Development Program

Introduction CLP/ to County Personality Strengths September 11, 2024, 9:30- 4

> Interpersonal Communication - October 16, 2024, 9-Noon

Team Building - November 13, help 2024, 9-Noon

Education and Workforce area Development - December 11, and 2024, 9-Noon

CONTINUED PAGE 3

WARREN WEEKLY • Owner/Publisher: Nicki L. Zoda Mailing Address: P O Box 695, Warren, IN 46792

Phone: (260)375-6290 **e-mail:** editor@warrenweeklyindiana.com WARREN WEEKLY is a free paper for the Warren, Indiana area. It is available online only by noon on Wednesday. The paper can be read at the Warren Public Library for those who don't have internet access.

Email and Kindle subscriptions are \$24 per year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792 or you can subscribe online at www.warrenweeklyindiana.com on the WW Forms tab.

Deadline for news and/or advertising is 10 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time.

Leave news and/or advertising at Town Hall or mail to PO Box 695, Warren or email to editor@warrenweeklyindiana.com.

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication.

The publisher takes no responsibility for statements or claims made in any advertisement.

Kudos, Kicks & Karats



Well we have a happy married couple. We had beautiful weather. My cousin Mandy's husband Brian did the photography work and he gave me a sneak peek at the photos and they were perfect. The clouds, everything was perfect. It was his first time capturing a wedding but he did a fantastic job. Can't wait to see the finished product.

Kendra had all her girls with her Saturday, her cousin/sister Annette was her matron of honor and Mandy Bitzer, Justine Gates, Buds sister Lena and her best friend since first grade Cassidy Dehaven. She also had Kylynn and Bud's two nieces and Olivia, my great niece.

Miss Livie as we call her is a little red head just like her grandma (my sister). Well, she was all about getting her nails done and her dress but when it was time to go down the aisle...forget it she didn't want anything to do with it. So Jake, Livies brother took over and he was one heck of a flower dude. Lol!! Bless his heart he is all boy and quite the handful but he pulled it off in a pinch and got it done.

I had so many people to thank for helping out to pull this thing off. Tara Bowman, good Lord girl what would I do without you, decorating, food, holding down the fort, kept me from killing the bride, you name it , couldn't got it done without you. Ryan Bowman for marrying them, you did great, you went right with them and pulled it off like a charm. Jarod Rakoczy, parking cars, holding down the fort till we got there, trying to fix my phone, you the handy man, your awesome. John for all my venting and keeping me calm, I know we would do it all over again if we had to but remind me, I can't do it all even though I know I can. And last but definitely not least, my momma, this woman will turn 90 in two weeks and she literally rocked it!! She altered table covers, cleaned and ironed them, hemmed a wedding gown, made a veil, hemmed Ky's dress, made corsages and boutineers, hemmed my pants, made the flower girl dress, listen when I blew steam, spent the whole entire day partying like a rock star, now I didn't see her on the dance floor, but given the chance, I bet she would have shook a leg. We love you and thanks for everything that you did when you didn't have to.

So now we move on to more things to get done before summer ends and I believe I have a few long weekend coming that I can finally call me time and so excited to be with my Jeeper and truck buddies

Have a great week.

Support the businesses who bring you <u>your</u> Hometown News!



Spread the Word

to all your non-internet friends. The Warren Weekly can be read at the Warren Public Library!



CITIZENS TELEPHONE CORPORATION

375-2111 "Your <u>Local</u> Fiber Internet Provider" Drop off your news and advertising for the Warren Weekly at Town Hall

Downtown Warren

ASBURY CHAPEL UNITED METHODIST

BANQUO CHRISTIAN CHURCH

8924S 900W 35
Harold Smith, Pastor
Sunday School 9:30 a.m.

Worship 10:30 a.m.

Little Panther Preschool 765.934.2099 HEALING WATERS MINISTRY —

5811 W 600 S, MT ETNA

Pastor Wayne Couch 260/515-2517

DILLMAN UNITED BRETHREN 8888S 1100W-90, Warren 375-2779

Matt Kennedy, Pastor Worship Service 9:00a.m. Sunday School 10:00a.m.

Sunday School10:00a.m **HANFIELD UNITED METHODIST** 101 N 400 E - Marion 765/664-8726

Curtis Banker, Senior Pastor Worship......10:30 a.m.

SR 218, 2 1/8 mile west of Poneto Steve Sutton, Pastor

765/728-2065 for more info Sunday Worship................... 10:30a.m. Thursday Prayer Meeting 7:00 p.m. HERITAGE POINTE

Chaplains Ginny Soultz, John Moyer &

Cindy Osgood
Sunday Morning Worship 9:30 a.m.
Mon-Fri Chapel Services 9:15 a.m.
Sunday Catholic Mass 1:00p.m.
Thurs. Catholic Mass 10:30a.m.

WARREN 1st BAPTIST CHURCH

727 N Wayne St, Warren 260-375-2811

office@warrenfirsbaptist.net Pator Rusty Strickler Youth Dir: Peter & Mindy Fairchild

HILLCREST CHURCH OF THE NAZARENE

375-2510 Pastor Steven Spend

Pastor Steven Spencer Bus Service 375-2510 www.warrennaz.org

485 Bennett Dr, Warren, IN

375-3873 John Boyanowski, Pastor

LANCASTER WESLEYAN

3147 W 543 S, Huntington 765.251.2322

Wednesdays:
Bible Study & Prayer 7:00 p.m.

LIBERTY CENTER BAPTIST CHURCH 694-6622

1st Mon Ministry Team 7:00 p.m. 3rd Sat Mens Prayer Breakfast 8:00 am 4th Mon ABW 1:30 pm

LIBERTY CENTER COMMUNITY CHURCH

Pastor Diane Samuels
Fellowship Time9:00a.m.
Morning Worship9:30 a.m.
Sunday School10:45 a.m.

THE CHURCH AT MCNATT

375-4359

Bill VanHaften, Pastor Lois Slusher, Supt. Brittney Miller, Youth & Family Dir.

260/468-2148 Sr 9 & 124

Rev. Michael Gallant - "Pastor Mike" Good Morning Church (Sunday School for all ages9:00 - 9:45 Worship Service10:00 - 11:00 Everyone is Welcome

> SALAMONIE CHURCH OF BRETHREN

468-2412

Mel Zumbrun, Pastor
Worship9:30 a.m.
Church School10:45a.m.

1st CHRISTIAN CHURCH OF WARREN

375-2102

www.firstccw.net Troy Drayer, Senior Pastor Takarra Myers, Youth Director

office@firstccw.net
Sunday Worship.................. 9:30 a.m.

Wednesday Bible Study 6:00 p.m. Youth Sunday School during Worship Service

Youth Group-Wed 6:00 p.m. Communion 1st Sunday of the Month

VB CHURCH OF THE NAZARENE

765/934-3321 Parsonage

Jeff Slater, Pastor

Hour of Power (Wed) 7:00p.m. **VB CHURCH OF THE VINE**

765-934-1431

Pastor Brad Hensley vanburenchurchofthevine@gmail.com Worship Service 9:30 am

WARREN CHURCH OF CHRIST 375-3022

Mickey Strong, Senior Minister
Andrew Fisher, Youth Minister

Liz Richardson, Childrens MinistryAsst.

Tara Bower - Secretary

www.warrenchurchofchrist.org

Fellowship9:15 a.m. Worship & Communion9:30 a.m. Sunday School11 to 11:50 a.m. Youth:

11044 E 200 N, Marion, IN 765-618-0027

Pastor Al Soultz



AREA NEWS

MORE PAGE 1

Economic Development and Quality of Place - January 8, 2025, 9-Noon

Cultural Awareness/ Conflict Management - February 12, 2025, 9-3:30 p.m.

Non-profit Boards - March 12, 2025 9-Noon

Effective Meetings - April 9, 2025, 9-Noon

Government/ Local Community Health - May 14, 2024 9-3:30 p.m.

Program and Lunch Sponsorships are available. Please contact Matt Ditzler, Executive Director, Community Foundation of Huntington County for details. you have any other questions about the program, contact Ed Farris, Purdue Extension Huntington County Director, at 260-358-4826 or emfarris@purdue.edu

HCCOA EVENTS

Wednesday, August 21st: Wild Wednesday Movie, "Thelma", (CBC), \$15 starts at 9:30am movie 7 Huntington Admission \$4.00. All seniors welcome.

Wednesday, September 4th: Lunch & Learn starts at 11:30 am. "National Preparedness Month: Are you ready for an Emergency? Presented by Purdue Extension at the Senior Center, 500 MacGahan St. Limited to first 40 people. Free to attend.

Wednesday, September 18th: Wild Wednesday Movie, "Summer Camp", movie starts at 9:30 am. Huntington 7 Theater. Admission is \$4.00. All seniors welcome.

Wednesday, October 2nd: Lunch & Learn starts at 11:30 am. Come join Ben Hudson, Training Director from Indiana SHIP Program (SHIP is State Health Insurance Assistance Program), a division of the Indiana Department of Insurance, to learn the basics of Medicare. This will include discussions on when to join and what coverage choices you have, as well as changes to Medicare coming in 2025. Limited to the first 40 seniors. Free to attend.

CHECK-UP DAYS AT **PARKVIEW HUNTINGTON**

Parkview Huntington Hospital and the Parkview Center for Healthy Living invite area residents in need of lab testing to sign up for Check-Up Day events at the hospital in September.

Check-Up Day makes it convenient to obtain common lab tests at a reduced cost. The event will take place in the Wellness Classrooms from 7 to 9:30 a.m. on two Wednesdays, Sept. 11 and Sept. 25.

Wellness packages

Participants have a choice between two blood test packages.

The Green Package includes a profile lipid glycohemoglobin A1C for \$50. Also, any of these tests can be added for an extra charge:

- Comprehensive metabolic profile (CMP), \$25
- Complete blood count
- Thyroid stimulating Theater. hormone (TSH), \$30
 - · Prostate-specific antigen (PSA) for men, \$30

The Diamond Package includes the two tests in the Green Package PLUS the optional tests listed above for a total cost of \$115. The Diamond Package can also be purchased without the PSA for \$100.

Individuals who choose either wellness package can add any of these \$40

Either wellness package requires a 10- to 12-hour fast the appointment. During fasting, it is OK to drink water to avoid dehydration and take regular medications as prescribed. Questions may be directed to 260-266-6500. Single tests

Apart from the wellness packages, three single tests are available. Fasting is not required for these tests:

- Glycohemoglobin A1C, \$30
- TSH, \$35
- PSA, \$35

Pre-registration is required

Participants must register for a Check-Up Day event in advance by calling 260-266-6500. Make sure to leave a voicemail if a Parkview Center for Healthy Living team member is unavailable to take your call. Payment by credit card at the time of preregistration is required.

For questions about which lab test options may be appropriate for you, please talk with your medical provider. Information about this event also be found at parkview.com/checkupdays.

Parkview Huntington Hospital is located at 2001 Stults Road in Huntington. To Wellness access the Classrooms, guests should use the main hospital entrance, turn right at the information desk, pass the Holly D. Sale

hallway connecting hospital to the Medical Office very competitive pricing. Building.

NEW ENTREPRENEURS

A local couple has realized their dream of being business owners as they recently mobile launched their detailing business based in Huntington. The road to open Detail Nerd was anything but easy for Noah and Katelyn Vogleman, owners. "We were basically

homeless. We lost apartment and most of our belongings. We also had just found out we were expecting," says Katelyn Vogleman. But, with hard work and dedication to each other, they pulled themselves out homelessness and are now ARTS EDUCATION TO parents of two and entrepreneurs.

The Voglemans set a high goal for their business. Detail Nerd is the area's first fully self-sufficient mobile auto detailing service. company goes to the client and uses its own power and water sources to clean and restore vehicles, making it easier for the customer no matter the vehicle's location. The customers don't have to provide any electricity or water source; they are all provided by Detail Nerd. Its modified SUV provides the resources needed to get the job done.

It offers interior and exterior cleaning and detailing for cars, success. READI 1.0 was trucks, boats, campers, and motorcycles and headlight

additional tests: Iron, \$15; Rehab and Wellness Center, restoration. It serves clients Vitamin B12, \$25; Vitamin D, and enter the first door in the within a 40 minute drive of the Huntington, IN, and offers

> "It's been our dream to open a detailing business," says Noah Vogleman. "I can't tell you how amazing it feels to be at this point in our life after what we've gone through. We couldn't have done it without the support from our family and the community," he adds.

> For more information on Detail Nerd, go to its Facebook page, message them on Messenger, or call 260-265-0801.

> Detail Nerd is a client of the Northeast Indiana Small **Business Development Center** and received business start-up assistance and marketingrelated support.

EAST CENTRAL INDIANA

The Indiana Economic Development Corporation (IEDC) ioined local regional leaders today in Gas City to celebrate the grand opening of the community's new Gas City Performing Arts Center – one of the first Indiana Regional Economic Acceleration and Development Initiative (READI) projects to get underway in 2022 - that will bring new arts and music education, programming and performances to the region.

Governor Eric J. Holcomb established the now \$1.25 billion READI program in 2021, and it has since been nationally recognized for its

CONTINUED PAGE 4



Weekly Specials Aug 15 - 21

UP TO 75% OFF IN STORE!

- Candy Onions 10 lb **Only \$8.99**
- Watermelons 60 ct. \$5.50 Ea.
- Land O Lakes Spreads

\$1.59 Ea.

Outside Stand - Daylight to Dusk Inside Store Open Daily

Open Daily

1pm-5pm Thursday 11am-7pm Sunday Monday 4pm-7pm 11am-6pm Friday Tue-Wed Saturday 11am-6pm 9am-5pm

We accept EBT and SNAP

609 E. 1st St. Warren www.jeffsfarmmarket.com

Community Calendar

Items listed here are open to the public. If there is an admission charge or items are for sale or a donation is necessary, there is a one-time \$5 fee to be listed. Events can be listed for as long as 6 months. (If an event is canceled, please notify WW.) Only event, place, time, and sponsor, for events in Warren, and the surrounding area will be listed.

Aug 19 6:30p W - KBC Board Meeting @ KBC VB - Town Council Meeting @ Town Hall Aug 21 7:00p W - Whoa Man @ Riverside Park Aug 30 6:30p Sep 4 W - Chamber of Commerce Luncheon @ KBC Noon VB - Town Council Meeting @ Town Hall Sep 4 7:00p W - Town Council Meeting @ Assembly Hall Sep 9 6:00p W - SSF Meeting @ KBC 6:30p Sep 10 PATRIOT'S DAY Sep 11 W - KBC Board Meeting @ KBC Sep 16 6:30p

Bread of Life Food Pantry - Wednesdays - 2 - 4:00pm at KBC; Bargain Basement - Friday & Saturday - 9 - 4 at KBC These Events Can Also Be Found at www.warrenweeklyindiana.com

AREA NEWS CONTINUED

MORE PAGE 3

\$500 million in partnership with the Indiana General Assembly and is bringing vibrancy to regions across the and improve quality of life.

communities statewide are improving their quality of place for current Gov. Holcomb. "The Gas City Performing Arts Center will not only elevate the region's create an avenue to cultivate Indiana's growing creative economy and accelerate arts students and residents alike."

million City \$19.2 Gas Performing Arts Center (\$2.75 million READI 1.0 allocation) is Agenda 40,000-square-foot, the Lilly nearly 1,830-seat music venue will allocating critical void entertainment spaces in Gas community for music, comedy theater performances.

strategically located just off Hoosier communities. Interstate-69 between Center already has performances Oct. 4.

"I am extremely grateful for accelerate economic growth, "Sunstate" semi that was moisture can established with an initial everyone involved in the success of this monumental East Central Indiana Region state to accelerate shovel- and the entire state," said Gas ready projects and programs City Mayor Bill Rock. "This that will transform Hoosier project is the result of the communities, attract talent dedication of our team and the support of the community. "Through Indiana's READI The city of Gas City is excited to be able to serve as a destination for arts and entertainment and and future generations," said forward to the positive change this project will have on our region."

READI 1.0 has awarded \$487 assets and identity, but it will million to 353 unique projects and programs across the state, yielding \$12.6 billion invested (26:1 investment leverage and culture education for ratio) in quality of life, quality of place and quality of In east central Indiana, the opportunity initiatives. READI 2.0, which was part of Gov. Holcomb's 2023 Next Level secured and now open to the public. The additional funding awarded by Endowment, is another \$750 of million accelerate to development City and the surrounding areas, investments statewide. This serving as the main venue for funding is expected to attract the local school district's fine a minimum 4:1 match of local arts programming and a hub public and private funding, and yielding at least \$3 billion invested to increase the The venue, which is vibrancy and prosperity of

Gas City is part of the READI Indianapolis and Fort Wayne, East Central Indiana region is designed to attract and host led by the East Central Indiana national and regional artists Regional Partnership - that and performances, nurture was awarded \$50 million in the next generation of artists, READI 1.0 and READI 2.0 foster a community matching funds to support culture of artistic expression. quality of life, quality of place The Gas City Performing Arts and quality of opportunity Blackford, projects across Grant. scheduled Delaware, Fayette, throughout the fall, with its Henry, Jay, Randolph and first event - The Classic Rock Wayne counties. The region's Experience - scheduled for READI investments, including the Gas City Performing Arts

regional prosperity and apparently headed to Florida. population growth through project, not only for Gas City investments in quality of life, (Indiana, and Grant County, but the housing and infrastructure, Road exit, our 11:50 lunch childcare and family support, stop was near New Albany at education opportunity.

VICKSBURG & NATCHEZ TRIP DAY # 1

by Larry Ryan It was 8:30 on May 4, 2024 when the bus stopped at the intersection of I-69 and SR # 5 to load our suitcases for a seven day journey Mississippi. The temperature was 62 degrees and sun beams filtered through the windows we passed as unplowed fields with corn stubbles lined up like soldiers.

Some areas had water standing, but to my sudden surprise, a tractor with treads was discing a field and a planter was standing by at the ready! Also eye-catching was a flock of wild turkeys relaxing on a stone parking lot. They had no worry. Thanksgiving is several months away. A carnival set up was spotted at the Anderson exit. It became hazy so sunglasses were not required anymore.

The driver maneuvered the bus through construction at the junction with I-465 and rolled south along this corridor which is also named USS Indianapolis Memorial Highway. bypassed the multilayered exit to I-74 and chose I-65 towards Louisville. After motoring past a huge American Flag at Camping World, a wild fire was consuming a building north of Columbus. After that hot situation, the bus raced a

It pays to Shop at the

Monday.

After passing Memphis

a Culver's Restaurant. We were not real hungry so ordered from the Kid's Menu which included ice cream. A children's fun park with blown-up items was spotted 4:30 and 80 degrees. prior to crossing the Ohio River at 1 pm. We passed the lined. Boundary Oak Distillery before Casey running into more rough road and construction. This feeling was not caused by the crossing the Hatchie River, distillery! We did not stop there. Nashville, TN was 147 our overnight lodging at a miles ahead.

River Cave exit and Lover's Lane Park near Bowling Green, tomorrow. KY. A green-clad golf course was busy with unemployed players. I was amazed at the high number of storage units that we had observed since leaving home. The movie. 'Rudy" was shown on the bus as we skirted around Nashville. Two songs that I had written were sent to Music City and Goodletsville, TN months ago for evaluation. I still have not heard from anybody. They were probably placed in a circular file.

While traveling west of Nashville on I-40, it started raining hard. Our bus passed an auto carrier with a backward Ford truck on top front whose tailpipe was collecting rainwater. wondered how much

absorb and still start?

We passed a Loretta Lynn Tennessee later) Ranch and Kitchen billboard prior to the Bucksnort, TN exit where the rain immediately stopped. The bus bridged the Duck and Tennessee Rivers before traversing past the Natchez Trace State Park and the Shiloh Military Park. It was

This part of I-40 was tree-Billboards featured Jones Home and Railroad Museum and Chickasaw State Park. After Memphis was ahead as was Holiday Inn. It was 5:15 Our driver sped past Hidden Tennessee time and the sun was shining brightly. More









Troy Oswald), food, games, etc. This is a COMMUNITY

EVENT. Come out for a great time!

For a complete schedule or questions call 260-224-0179



GENEALOGY REPORT

HIGGINS

On Sunday, July 28, 2024, Tamara "Tami Jane VanWinkle Higgins, 73, of Anna Maria,



be with her Lord and Savior.

She was born on January 6, 1951, to Roger Marion VanWinkle and Freda Jane GORDON Lynn.

Tami was loved by many.

and conversing with friends Parkview Huntington Hospital. and family.

information relating Warren and Van Buren.

She also was a great resource friends.

Tami was a loving mother to State four grandchildren.

Left to mourn her passing are her mother, Freda VanWinkle; education as a Doctor of her son, Jeff Higgins; four Jurisprudence grandchildren, Coltyn, Gavin, University, Bloomington. Isabella and Louie; brother, Brent; sister, Taha.

by her father, Roger VanWinkle. Huntington. There will be no services.

CURTIS

Robert "Bob" E. Curtis, 76, of Van Buren, peacefully passed away with his family by his side at 8:20 p.m. on Tuesday, July 30, 2024, at Indiana University Health Ball Memorial Hospital, Muncie.

He was born in Marion on Tuesday, Oct. 21, 1947, to Robert and Margaret (Smith) Curtis.

On June 10, 1966, Bob married Jo A. Smith, who survives.

He graduated from Jefferson High School, Upland.

Bob proudly served in the United States Army.

Following his military service, he was a truck driver for 25 years with Red Gold.

cruising and spending time with family.

Survivors include his wife of Jo A. Curtis; 58 years, Christina D. daughters, Seavers, Cynthia D. Giger, of

Liatos; (Michael) grandchildren; nine grandchildren; sisters, Marge and related fields. Strausbaugh and Linda Day.

Bob was preceded in death involvement by his parents and his sister, volunteering his time and Judy Scott.

Celebration of Life at a later

William "Bill" Gordon Jr., 82, of Huntington, passed away on She enjoyed doing genealogy Saturday, Aug. 3, 2024, at

He was born on June 23, Tami was a great source for 1942, the son of William Stout to and Laura Catherine-Kenner Gordon.

graduated from Bill for many of her Facebook Huntington High School in 1960, then went on to Ball University, Muncie, her son and "Grammy" to her earning a bachelor's degree in history and education.

> He further completed his at Indiana

Bill married Carole Holmes Capozza on April 3, 1976, at Tami was preceded in death First Presbyterian Church,

> Prior to continuing his education at the I. U. School of Law, he taught middle school in California followed by a tenure within Huntington County Community School Corporation.

After receiving his JD, Bill entered practice with his Lutheran Hospital, Fort Wayne. 1957, to parents David and father at Gordon, Glenn, Miller, Bendall and Branham, 1943, in Bluffton to Philip later moved to Upland. Huntington.

During this time, he also Shadle. served as a deputy prosecutor in 2010.

In addition to his father's distinguished legal Kenner received his JD in 1904 from Aaron Indiana University and was Ethiopia. appointed Indiana Assistant Attorney General in 1923 and, son and family serving in children, subsequently, Bob enjoyed camping, fishing, judge in the 56th Judicial office.

Post retirement from law

of Marion, and Cherilee D. on his love of nature, animals 10 and ancestry, and continued Sheller-Globe, great- to be an avid reader of history

His most recent civic included The family will have a of Pulse Opera House, Warren.

> A brother, James K. Gordon, August 4, 2024.

memory are his spouse, 124, Bluffton. Carole Holmes Gordon, of Huntington; his son, Taylor J. sovereignty of the Lord was Gordon, of Huntington; his conducted following visitation stepson, Matthew F. (Tami L.) Capozza, of Huntington; a grandchild, Kerri L. Gordon, of Fort Collins, Colo.; stepgrandchildren, Heather (Erinn Tribble) Doyle, Blake A. (Jessica) Bitzer, Anthony F. Honor Guard and American (Emily G.) Capozza Courtney A. (Tyler S. Carroll) great-grandchildren.

A private graveside ceremony will be at a later date.

County Humane Society, Inc., Baptist Church, Home, 715 N. Jefferson St., marked Ethiopian Church. Huntington, IN 46750.

SHADLE

with his Lord and Savior on Aug. 6, 2024. Monday, Aug. 5, 2024, at Eugene and Helen (Dillon)

On June 11, 1965, Gary and then retired from practice married Barbara Ann (McCoy) in Warren. She survives.

He leaves behind a son, Eric career, (Amanda) Shadle, of Ethiopia; Bill's maternal grandfather, granddaughter, Kayla Michelle Fort Wayne. (b.1881) Shadle, of Ethiopia; grandson,

> Gary was most proud of his appointed Ethiopia as missionaries.

He is survived by two Circuit in 1925. He held this brothers, Steve (Jeannette) historical significance close, Shadle, of Ossian, and Randy including the use of Sumner's (Rhonda) Rardin, of Southport, Dietrich and Penelope. judgeship chair in his home N. C.; a sister, Janet Rardin, of Urbana, III.

Wabash, Chriscinda D. Curtis, practice, Bill was able to focus States Army from 1961 to 1967.

and then transitioned and retired from Wells County his sister, Karen. Sheriff's Department, Bluffton, after 13 years.

Gary was preceded in death brother, William.

Remaining to cherish Bill's Chapel, 3220 E. State Road

at the funeral home.

Shadle officiated.

R. Cemetery, Bluffton.

Military rites were conducted Bitzer, Chase by the United States Army and Legion Post #111, Bluffton.

Because of Gary's love for Capozza; along with five 3/4 the work his son and family are doing in Ethiopia, a preferred memorial is to the building of a church for the In lieu of flowers, memorials Ethiopian people. Donations cares if you know the right can be made to Huntington can be sent to Fellowship 210 in care of McElhaney Funeral Townley St., Bluffton, IN 46714, everything. A curious mind

HESS

David Dwight Gary Lynn Shadle, 80, "Whitey" Hess, 67, of Hartford went home to be City, passed away on Tuesday,

He was born on April 21, He was born on October 29, Barbara Hess in Matthews. He

> graduated Dwight from Eastbrook High School.

He studied at Lincoln Tech to mechanic, become specializing in German vehicles, and spent most of his career at Mercedes Benz,

Dwight married his former Daniel Shadle, of wife, Kim (Huston) Hess, in 1986, and moved to Andrews.

> He is survived by their two Alyson (Jeremy Weiks) Hess, of Fort Wayne, and Zen (Jessica) Hess, of Texas; three Emmalyn, grandchildren,

Dwight also is survived by his parents; seven siblings, Dan, Gary served in the United Kirsten, Kerri, Kelly, Kathryn,

For 26 years he worked for Darrin and Doug; several Montpelier, nieces and nephews.

He was preceded in death by

Dwight also leaves behind his beloved dog, Rufus "Roofy."

He was a fan of classic rock expertise as a board member by his father and mother and and roll, the supernatural and the great outdoors. You could Visitation was on Thursday, often spot him out and about passed away in Florida on Aug. 8, 2024, at Goodwin - exploring by way of his giant Cale & Harnish Memorial orange tractor, four-wheeler, an assortment of Mercedes Benz, his tiny red A service to honor the truck or his trusty tricycle (almost always accompanied by Roofy).

> Dwight was as supportive as Pastor Lenny Stringer and Eric they come, often helping family and friends with their Burial followed at Elm Grove cars, house projects or other troubles.

> > Those who knew him learned many lessons from him. Hardly anything is trash; just about everything has a future use, if you think outside the box enough.

Music can never be too loud. Blew your car speaker? You can always replace it. Who words? Make 'em up!

Question and dissect keeps you sharp and means you're able to toss out fun facts during almost any thread of conversation.

If you want to remember something, piece something together, or pause and revisit a deep thought later, it must be scribbled down on the nearest scrap of paper (and preferably taped on or near whatever object it relates to), else the thought may evade you forever.

And, most importantly, live as fully as you can, while you

The family had a private service in Dwight's memory. and ask that, in lieu of gifts, donations be made to Indiana **Natural Resources Foundation** (indianaNRF.org), which supports the preservation of the state parks and public lands that Dwight loved and would wish to see maintained for future generations.

CONTINUED PAGE 6

AREA NEWS CONTINUED

MORE PAGE 5

FULK

Gary Lee Fulk, 72, of Warren, passed away on Friday, Aug 9, 2024, at Lutheran



Hospital of Fort Wayne.

1952. in Brazil to the late Basil

Huntington North High School. March 2, 1974, in Montpelier. Rikki loved her family and The two just celebrated their many friends, and spending 50th wedding anniversary.

Company (now Samson Metal mental health and had even Huntington, for 50 years and "Because Everyone Cares". retired in the summer of 2021.

games on the computer.

He loved being outdoors.

wife, Nancy Fulk; sons, Jay Fulk and Ryan Fulk.

Friends and family may gather to share remember at Glancy-H. Brown 2 to 4 p.m. and from 6 to 8 p.m. Daneka officiating.

Viewing will be one hour Rumple. before the service, starting at 10 a.m.

Mossburg Cemetery, rural announced later. Wells County.

Memorial donations may be **TURNOCK** Foundation of Huntington 78 of Marion, County, in the memo line please write Cancer Services in memory of Gary Fulk, and mail to 356 W. Park Dr., Huntington, IN 46750.

Warren Weekly archives can be found at www.warrenweekly indiana.com

RUMPLE

Rikki Anne Rumple, 31, Hartford City, formerly of Van Buren, Indiana,



passed away on Friday, August 9, 2024, in Hartford City.

Rikki was born on March 16, He was born on March 13, 1993, to Sherry (Taylor) and Dan Rumple. She graduated and Carol Ruth (Wasnidge) from Eastbrook High School in 2011. Rikki played the alto Gary was a 1970 graduate of saxophone in school. She enjoyed reading, being He married Nancy E. Tarr on outside and collecting rocks. time with her cat, Mazaking. Gary worked for Pulley-Kellam Rikki was passionate about Coating), started an online blog called,

Rikki will be deeply missed He enjoyed going fishing, by her father, Dan Rumple of mowing the lawn, taking care Van Buren, siblings, Karrie Jo of the garden and sitting Anderson of Coldwater, MI, outside on the swing with his Daniel (Shelby) Rumple of Van Buren, IN, Matthew Rumple of Gary watched IU basketball Van Buren, IN, Joah (Jessica) and football games and played Rumple of Marion, IN, and Rayne Rumple of Van Buren, IN, grandmother, Susie Taylor Loving survivors include his of Marion, IN, partner, William Shaw of Hartford City, IN, and several nieces, nephews, aunts, uncles, cousins, and and friends.

Rikki was preceded in death & Son Funeral Home, 203 N. by her mother, Sherry Rumple, Matilda St., Warren, on siblings, Noah Gene Rumple Thursday, Aug. 15, 2024, from and Julie Anne Willhide, niece, Jayne Harwood A funeral service will be on Rumple, uncle, Terry Taylor, Friday, Aug. 16, 2024, at 11 uncle, Jon Rumple, aunt, a.m. with Pastor Troy Drayer Cindy Rice, and paternal grandparents, Gene and Joan

Friends and family may gather to celebrate Rikki's life Burial will take place in at a date and time to be

Community Vicki L. Turnock, Indiana, passed away Monday, August 12, 2024 Marion Hospital.



Vicki was born on June 19, 1946, in Winslow, Indiana to Edward and Edith (Hayes) Woolsey. She graduated from Van Buren High School and

continued her education at INDIANA TO EXPAND Business College. Later in life, she received her certificate in Medical Transcription. She worked for Marion Municipal Utilities for several years before she retired from there and then worked for Marion General Hospital as a medical transcriptionist before retiring from there. Vicki's biggest hobby was smoking, but she also enjoyed puzzles, crafts, reading, watching the birds, dancing, and traveling to Myrtle Beach and Las Vegas. Vicki adored her family and shared so many laughs and memories over the years. An ornery and wonderful prankster, she convinced her grandchildren for a lengthy time that their grandfather was Elvis Presley. Vicki's faith and dignity was strong. She will be deeply and sorely missed.

Vicki was preceded in death by her parents, Edward and grandson, Edith Woolsey, Nicholas Hertlein, nephew, Richard A. Woolsey, sister, Peggy Richardson, and brother, David Woolsey.

Loving survivors include her daughters, Tammy (John) Brookshire of Marion, IN, and Ginger (Raymond Wilkins) Turnock of Anderson, Whitney grandchildren, Turnock-Carter, Joshua Turnock, Matthew Hertlein and Andrea Gorham, great grandchildren, Landon Turnock, Juliana "Chloe Turnock, Lexie Carter, Carter Turnock, Emma Gorham, Ava Gorham, Olivia Gorham, and Harper Gorham, and brother, Richard C. Woolsey of Marion, IN, and 4 grandcats, Myrt, Willow, Gracie, and Oreo.

Friends and family may gather to share and remember on Thursday, August at Ferguson & Glancy Funeral Home located at 201 W. Main St. Van Buren, IN 46991, from 3pm to 4pm. A funeral service will begin at 4pm. Burial will follow at the Van Buren Cemetery.

PROGRAM FOR EXPECTANT NEW MOTHERS WITH SUBSTANCE-USE **DISORDERS**

Indiana will expand its Pregnancy Promise Program to support more expectant and new mothers substance use disorders. The Indiana Family and Social Services Administration (FSSA) received a three-year, up to \$2.7 million federal grant from the Substance Abuse and Services Mental Health (SAMHSA), Administration which will allow it to support an additional 300 pregnant Hoosiers over the next three years, with a focus on those living in rural and underresourced communities.

"The program's multigeneration approach supports pregnant women and infants from the prenatal period through 12 months postpartum," FSSA Secretary Dr. Dan Rusyniak said. "Not only are we helping mothers find treatment and sustain recovery, but we also ensure

infants have an established pediatrician, appropriate referrals pediatric to specialists as needed, and developmental support services."

The Pregnancy Promise Program has supported more than 900 mothers since it launched in 2021. While maternal and infant mortality rates are decreasing slightly across Indiana, data from the most recent Indiana Maternal Morality Review Committee's annual report shows substance use disorder and overdose continues to be a leading cause of maternal death in the state.

The program has resulted in sustained rates of recovery for mothers, of medications continuity prescribed to treat opioid use disorder, prevention preterm births, healthy infant birth weights, and access to resources to address unmet health related and needs including stable housing, transportation, food

CONTINUED PAGE 8



MILLS OF WARREN INC

Custom Grind Mill Now Open

We appreciate the opportunity to make your custom feed.

Hours: 9-5 Mon thru Fri 9-noon Sat Proud to serve the underserved farming community.





WARREN AUTOMOTIVE

128 N Wayne St ~ Warren 375-3401

CLASSIFIEDS AND MORE

** NOTICE ** Personals type ads will not be accepted for the Warren Weekly

BARGAIN BASEMENT

132 Nancy St - Warren Fri - Sat 9:00 a.m. - 4:00 p.m. Come check us out.

AMISH CREW

will do all types construction -Additions, garages, homes, log homes, roofing, siding, pole barns, flooring, drywall, painting, windows, concrete 574-251-8186

YOUR AD COULD BE **HERE**

upport businesses who bring Hometown News



MARATHON / **Stop In For** Gas, Pizza & Deli 230 N WAYNE WARREN *260-375-4766*

Bread of Life Food Pantry Hours Wednesday 2 - 4 p.m. **Drive thru only** at Knight Bergman Center

Send your News & Advertising Today to the



at editor@warren weeklyindiana. com

> Or Mail to PO Box 695, Warren



Be Unforgettable!

Keep Your Business' Name in front of people by advertising in the Warren Weekly!

Call or email today to get your ad in for next week! 260.375.6290 or

Email your News & Advertising to

editor@warrenweeklyindiana.com

Announce your

Engagement Wedding

Anniversary Birth

in the Warren Weekly for FREE

Email: editor@warrenweeklyindiana.com

Mail: PO Box 695 Warren

Forms available at www.warrenweeklyindiana.com

editor@warrenweeklyindiana.com

Unlimited Potential as we are now on the web at www.warrenweeklyindiana.com

This size ad is always specially priced at ...

Tell everybody in Warren, Van Buren and Liberty Center about your product or service. Give us the facts -- we'll layout the ad! Call for prices on other size ads.

editor@warrenweeklyindiana.com PO Box 695 • 260-375-6290



WARREN WEEKLY SUBSCRIPTION ORDER

Name
Address
City, ST, Zip
l Email
☐ New or ☐ Renewal
1 Year Digital \$24 Send Form & Payment to: WARREN WEEKLY, PO Box 695, Warren
IN 46792 Or email info to editor@warrenweeklyindiana.com.
New or Wenewal 1 Year Digital \$24 Send Form & Payment to: WARREN WEEKLY, PO Box 695, Warren

FORE	
Let a	
Classified Ad	
Work 4 You!	

Name: _

		ID AI) TOI	
	NI			

Please PRINT your ad and Phone Number carefully (if phone number is to be included in ad, please write it that way).					
Your Ad:					

Classified advertising will run at a cost of \$5 for 50 words per weekly insertion. Send in your ad – include your name and phone number (for our records)
and number of times you wish ad to run. Mail to: Warren Weekly, PO Box 695, Warren IN 46792, or drop off at Town Hall, Downtown Warren by 10 a.m.
On Tuesday for the Friday edition. You may include your ad on a separate piece of paper if you wish, as long as the information below is included. You may
also submit Classified advertising through the website at www.warrenweeklyindiana.com. Click on the Forms tab.

	Pnone:	# weeks to run:
Total Payment Enclosed:	ALL CLASSIFIED ADVERTISING MUST BE PAI	ID FOR AT TIME OF SUBMISSION.

AREA NEWS CONTINUED

MORE PAGE 6

security and child and reunification.

The Pregnancy Promise Program partners with Indiana is scheduled to begin Sept. 30. Medicaid managed care health plans to provide case management and care coordination services to who receive participants highly skilled support from an experienced nurse or social worker through the Medicaid health plan, ensuring individuals pregnant are receiving treatment and health care in their local community.

"We are excited about this grant, which will bolster and expand FSSA's existing for program individuals suffering from substance-use," Pregnancy Promise program manager Elizabeth Wahl said. "The program's goals are clear — to save infant and maternal lives, preserve family units by securing needed resources, ensure reliable access to appropriate care and put an end to generational cycles of substance use and trauma. This program has witnessed families persevere, transform their lives and find hope for the future."

The grant will expand services for pregnant and postpartum individuals with a diagnosis of primary substance use disorder; remove barriers and expand outpatient treatment and recovery support services for pregnant and postpartum individuals with a substance use disorder; and promote a coordinated system of care across health care and family support providers.

The FSSA will partner with Centerstone, a community mental health center, and VOA "They might fear the stigma of and strollers and Start, a residential treatment program, to enhance services. This funding will allow uninsured and under-insured individuals access additional support.

Anyone can make a Pregnancy Promise Program https://www.in.gov/fssa/pro mise/..

care, funded with a five-year award leading to family preservation from the Center for Medicaid and Medicare Innovation, which ends Dec. 31. This grant

SUICIDE AWARENESS WALK

Losing a loved one or another important person in your life can be an overwhelmingly tough experience. If the loss is due to suicide, the grief can be more difficult and complex. Connecting with others who have endured similar experiences uniting to encourage people contemplating suicide to reach out for help — can aid survivors and those left behind in their pregnant healing journey.

It can also save lives. That's why the team of mental health professionals with Parkview Behavioral Health Institute Park Center is sponsoring a Suicide Awareness Walk in Decatur on Saturday, Sept. 28, during National Suicide Prevention Awareness Month. The event's message: available 24/7.

"Suicide rates continue to climb in Indiana, especially among adolescents," says Laura Murphy, LMHC, MHA, director of clinical services for PBHI -Park Center. "Given the rise in wants suicides, our team people to know that compassionate, nonjudgmental help is here. PBHI offers a range of support options for those who are thinking about or have been affected by suicide. This walk aims to inspire others to seek the help that is available in their community."

"Reaching out for help can be difficult for many," adds Jinny Broderick, LCSW, clinical program manager for PBHI's Bluffton and Decatur offices seeking help, believe they should manage challenges track. alone, or simply not know where to turn. We hope this Parkview.com/SuicideAwarenes pregnant walk helps connect those in sWalk. need with the support they register by Aug. 31 to receive a deserve."

confidential referral to the will be held at Bellmont High School, 1000 E. North Adams Drive in Decatur, from 4 to 6 Institute – Park Center, based in p.m. Check-in begins at 4 p.m., Fort Wayne, has additional

The program has been 4:30 p.m. from Broderick. The one-mile walk (four laps) around the track will take place from 4:45 to 6 p.m.

> Ready to provide helpful information, representatives from Parkview and other local organizations will be onsite, including those from:

- Tri Recovery
- Firefly Children and Family Alliance
- Renovate Counseling
- Family Centered Services
- PBHI
- Bowen Center
- Adams Medical Group Behavioral Health

Attendees who have lost a loved one and wish to honor their memory, or who want to uplift someone dealing with suicidal thoughts, can honor them with their walk. Walkers will have the opportunity to decorate a paper cut-out of a balloon with the person's name; the balloons will be displayed on a sky-themed banner during the event as a symbolic "balloon launch" (an environmentally friendly alternative to releasing latex or place at check-in.

Each participant who registers by Aug. 31 will receive a free event T-shirt at check-in. Sizes run from small to 3X. The back of the teal shirt says "You are not alone" with familiar suicide prevention symbols: semicolon and awareness ribbon, along with 988 national lifeline information.

Several community organizations and individuals have supported the walk by underwriting costs or providing supplies and equipment. Premier Signs has donated information signs and banners. Suicide awareness ribbons, pins and bracelets have also been donated.

During the event, restroom and organizer of the walk. facilities will be available onsite, animals will be permitted at the

register, **Participants** must T-shirt. For questions or more The Suicide Awareness Walk information, call 260-273-2646. Help is always available

Parkview Behavioral Health followed by opening remarks at offices at 809 High St. in

Decatur, 1115 S. Main St. in Bluffton, and 26 Victory Noll Dr in Huntington, Indiana. The PBHI HelpLine, 260-471-9440 (or 800-284-8439 toll-free), is open 24/7 for individuals who are experiencing a crisis or need information on behavioral health services. Experienced HelpLine specialists provide confidential assessments, information and referrals for admission services. or assistance for inpatient or outpatient services, if needed.

Anyone in crisis or experiencing mental distress and in need of support can also call or text 988 to reach mental health professionals via the nationwide 988 Suicide and Crisis Lifeline. 988 provides confidential, 24/7 help through a network of more than 200 crisis centers supported by state and federal resources.

HELPING YOUR CHILD OVERCOME TRAUMA AND THRIVE

(StatePoint) Life can complicated and unpredictable. mylar balloons into the air). And while there is no such thing No one is alone because help is Balloon decoration will take as a "perfect parent," there are strategies that can help your child become better able to deal with difficult circumstances as they arise.

> Known in the pediatric community as Adverse Childhood Experiences, traumatic circumstances like death, divorce and poverty cause children stress, which over time, can become toxic, impacting a child's health now, and potentially in the future. who've fact, adults experienced one or more adverse experiences as a child or who are exposed to ongoing chronic social inequities over time are at higher risk of depression, cancer, heart disease, diabetes and other health conditions during their lifetime.

On the other hand, safe, stable, and nurturing relationships can act as a powerful, protective buffer against the biological harms of toxic stress on children and are key to building resilience, according to the American Academy of Pediatrics (AAP). When children feel connected and supported in the early years, says a newly updated AAP report, they are more likely to become healthy, competent and educated citizens later in life.

"One of the most important ways to strengthen a child's resilience is to spark moments of connection. This may be through

shared book reading, for example, or participating in family routines and community traditions. Relational health is key combating adversity, and promoting skills like collaboration, connection and communication that are essential to help children develop resilience and thrive," said Dr. Nerissa Bauer, a pediatrician who specializes in behavioral health.

After troubling events, the AAP says to remember the 3 Rs: reassure, return to routine and

- 1. Reassure. Remind your child that they are safe and loved, using words and touch and by creating safe spaces in the home.
- 2. Return to routine. Try to maintain regular daily routines and be sure to explain any changes in the schedule ahead of time. This can promote a sense of safety and normalcy for your child and let them know what to expect.
- 3. Regulate. Help your child learn "self-regulation" skills to calm themselves and manage their emotions and behaviors. This may include belly breathing, stretching or taking breaks.

Dr. Bauer also recommends turning to your pediatrician when parenthood gets challenging. Pediatricians are trained to not only monitor your child's physical growth, but also their socialemotional health. They can help your family build a support system—whether a child is relatively healthy, has ongoing developmental or behavioral concerns, or if your family is going through hard times.

Pediatricians also want to know how parents and household members are doing and if they feel supported. At appointments, your pediatrician may invite you to share stories about your family life and the daily stresses and struggles of parenting, as well as ask about your own childhood experiences and current living circumstances. So, bring your questions and concerns.

The American Academy of Pediatrics provides tips and guidance on improving relational health, and helping children build resilience and cope with trauma. learn healthychildren.org.

"We want to ensure all children and their families have the resources and skills needed to thrive," Dr. Bauer "Pediatricians will always be ready to listen, without judgment and with compassion."